

**“wiiwiik’ityak maḥtii”  
“Safe Haven”**

We are pleased to be a part of your  
healing journey.

## “wiiwikityak mahtii” “Safe Haven” December 23, 2021 – January 01, 2022

*Kackaamin Family Development Centre is dedicated to a holistic approach to family healing and growth with the understanding that trauma leads to addictions. We believe every individual has the power of healing within themselves. Traditional Aboriginal Teachings empower our families to develop healthy relationships as they continue on their healing journey.*

*We strive to work with families to re-awaken our Indigenous values, cultures and beliefs, to strengthen the Family Circle structure and allow for addictions & trauma healing, wellness and prosperity*

Kackaamin will be open to provide support from December 23, 2021 - January 01, 2022. We will have Clinical Counsellors, Youth and Cultural workers on site to provide support.

There will be a brief intake process that families that want to maintain their sobriety must comply with for admittance. All completed family applications that are brought to the Intake Decision Committee are reviewed based on their stability.

All clients must have a minimum of 3 weeks abstinence from any substance and a strong desire to remain clean and sober.

Due to Covid guidelines and safety, families must be free from any obligations that will require absence from Kackaamin (i.e. court appearances, doctor appointments in their home town, MCFD meetings, Cultural ceremony attendance, etc.). **We strongly recommend that all who are eligible are vaccinated against COVID19.**

KFDC does not accept clients with a history or criminal conviction of sexual offences as we do not provide treatment to sexual offenders.

Families must arrive on Intake Day December 23 between 12pm-4pm.

*Additionally, The Clinical Team will also be available to provide support for past clients who are in a crisis by calling Kackaamin at 250.723.7789 or toll free 1.833.205.6946*



Thank you for choosing our program! We are looking forward to seeing you soon. Below is some information that you may be helpful in your preparations. Please call or email if you have any questions (250-723-7789 or [julie.f@kackaamin.org](mailto:julie.f@kackaamin.org))

How to get to our centre:

Use Google Maps and enter “Kackaamin Family Development Centre” in the search bar-this will bring up a map to our Centre.

From Hwy 19 to Parksville, then west on Hwy 4 (Exit 61) through to Port Alberni. Keep right, (past Walmart) automatically becomes Johnston Road, continue down Johnston to the bottom and turn right at the lights on River Road, go over the bridge and the first right is Beaver Creek Road, go 9.2 km up Beaver Creek Road, Kackaamin is on the left. If you are bring your own car, there is ample parking available at the Centre.

What to Bring:

- Shampoo, soap, tooth brush other personal items
- Care Card, Status card
- Comfortable modest clothing is required
- Snacks
- Alarm clock/Radio
- Water bottle and travel coffee mug with lid
- Small blanket for cooler weather, in group and for outside activities as needed
- Towels for your unit
- Two week’s groceries for your unit. Please note: You need to bring all spices, condiments and baking supplies as they are not provided. Shopping will be arranged weekly.
- Medications to be blister packed for easy dispensing and to limit staff/client physical contact
- Bedding is provided and laundry facilities are onsite.

**Note:**

**CELL PHONE USE DURING PROGRAMMING WILL NOT BE TOLERATED. WE HAVE LANDLINE AVAILABLE FOR COMMUNICATION PURPOSES.**

Guidelines

- No alcohol or drugs are allowed at the Centre
- Smoking is permitted in designated areas
- Please leave all valuables at home
- Participation is a requirement in all aspects of the program
- Attached medical **MUST** be completed and submitted to KFDC by a physician or nurse practitioner for consideration of admittance to program.
- Participants **MUST** be socially isolating 14 days before program start date for acceptance/ admission to center.
- Applicants **MUST** be available for pre-treatment screening phone call by KFDC clinical/ team prior to program start date.

Check out our website at [www.kackaamin.org](http://www.kackaamin.org) for photos of our centre.

# wiiwiik`ity`ak maht`ii: Safe Haven Application

PLEASE PRINT CLEARLY

## IDENTIFYING INFORMATION

LAST NAME		FIRST NAME		KNOWN AS	
DATE OF BIRTH (YYYY MON DD) <input type="checkbox"/> MALE		TELEPHONE		EMAIL	
<input type="checkbox"/> FEMALE					
ADDRESS			CITY	PROVINCE	POSTAL CODE
ABORIGINAL ANCESTRY <input type="checkbox"/> YES <input type="checkbox"/> NO		BAND NAME		ON RESERVE <input type="checkbox"/> YES <input type="checkbox"/> NO	
CARE CARD NUMBER			STATUS NUMBER (10 DIGIT NUMBER)		
RESIDENTIAL SCHOOL - YES/ NO DAYSCHOOL YES/ NO			INTERGENERATIONAL : PARENTS YES/NO GRANDPARENTS YES/NO		

## PERSONAL HISTORY

EMPLOYMENT STATUS <input type="checkbox"/> WORKING <input type="checkbox"/> S.A. <input type="checkbox"/> E.I.C. <input type="checkbox"/> OTHER		CHEMICAL USE HISTORY: i) Substance Used (1ist):			
<input type="checkbox"/> ALCOHOL		<input type="checkbox"/> STREET DRUGS		<input type="checkbox"/> PRESCRIPTION DRUGS <input type="checkbox"/> INHALANTS	
ii) Abuse Pattern		<input type="checkbox"/> DAILY <input type="checkbox"/> MOSTLY WEEK-ENDS <input type="checkbox"/> BINGE			

## EMERGENCY CONTACT INFORMATION

EMERGENCY CONTACT SURNAME		EMERGENCY CONTACT FIRST NAME		RELATIONSHIP	
TELEPHONE		EMAIL		CITY OF RESIDENCE	

## INFORMATION

Do you have physical limitations that prevent you from doing recreational or cultural activities	<input type="checkbox"/> YES <input type="checkbox"/> NO	Do you require a wheel chair accessible unit?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you have any allergies (food, insect, medications) we need to be aware of		Please explain	
I understand and accept I may be placed in shared accommodation	<input type="checkbox"/> YES <input type="checkbox"/> NO	I am committed to complete a structured program process focused on my wellness	<input type="checkbox"/> YES <input type="checkbox"/> NO
I am willing to be involved in all types of intensive activities	<input type="checkbox"/> YES <input type="checkbox"/> NO	I am willing to participate in First Nations Treatment program components such as daily smudge, pipe and other cultural ceremonies?	<input type="checkbox"/> YES <input type="checkbox"/> NO
I am willing to put aside all external distractions while in the journey to the wellness program	<input type="checkbox"/> YES <input type="checkbox"/> NO	Have you had Covid-19 Vaccinations? 1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	<input type="checkbox"/> YES <input type="checkbox"/> NO

### Kackaamin Family Development Centre Program Guidelines

- Clients must have a minimum 3 weeks of abstinence from any previously misuse substance.
- Smoking is allowed in the designated smoking areas
- Clients must have travel arrangements confirmed to and from the center