What is Medical Detox / Withdrawal Management?

Detox can be life-threatening, especially from alcohol, opioids, and benzos.

Depending on the substance and severity of use, there are different options available for detox support:

In-Patient

Withdrawal management includes doctors, nurses, and other helpers that provide inpatient help to manage withdrawal / detox.

May be required if you or your loved one:

- Has a history of seizures, delusions, hallucinations (DTs)
- Homelessness / unhoused
- Chronic health conditions
- Require medication to manage symptoms

Examples
- Eric Martin Pavillion
- Clearview Community Detox

Community Based Detox

May be available if:

- You are living in a substance-free place
- You have family/friends that can help monitor, and
- You have not had severe withdrawal complications

Example
- Island Health MHSU clinics

BC Opioid Treatment Access Line

Speak with a healthcare worker, including doctors and nurses, **who can prescribe** an opioid treatment medication over the phone that same day:

1-833-804-8111

Open every day from 9 am to 4 pm

8-1-1 Health Navigation

Call 8-1-1 to speak to a Health Navigator who can help you find healthcare or counselling in your community.

BC Foundry for Youth (12-24)

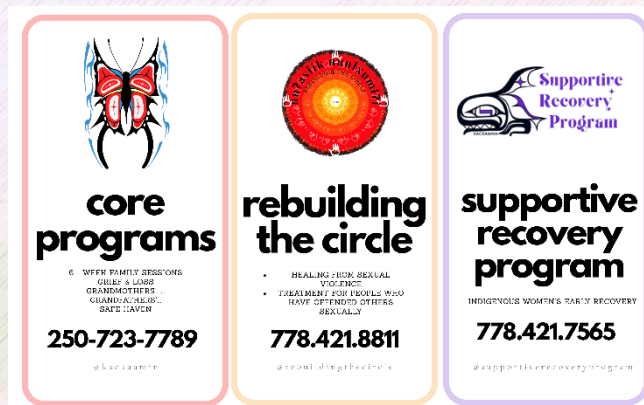Speak with a counsellor, health care, peer support, etc.:

Visit foundrybc.ca or get the app

core programs
6 WEEK FAMILY SESSIONS
GRIEF & LOSS
GRANDMOTHERS &
GRANDFATHERS'
SAFE HAVEN
250-723-7789
@kackaamin

rebuilding the circle
- HEALING FROM SEXUAL VIOLENCE
- TREATMENT FOR PEOPLE WHO HAVE OFFENDED OTHERS SEXUALLY
778.421.8811
@reamildingthecircle

supportive recovery program
INDIGENOUS WOMEN'S EARLY RECOVERY
778.421.7565
@supportiverecoveryprogram

Kackaamin
FAMILY DEVELOPMENT CENTRE

Kackaamin
FAMILY DEVELOPMENT CENTRE

INFO FOR SAFE

TREATMENT PLANNING

What is:

- Detox?
- Stabilization?

What are my options?

A Safe Treatment Journey

Kackaamin
FAMILY DEVELOPMENT CENTRE

Medical Detox

Island Health, Addictions doctors & nurses to support alcohol & drug withdrawl

Complex Mental Health Treatment & Stabilization

-Treatment teams who are able to support complex mental illnesses, such as personality disorders or schizophrenia.

Complex Mental Health Therapy

-Treatment teams who are able to support in community
-People with complex mental health needs are best supported with 1-1 therapy, in community, etc.

Ongoing Trauma Healing

-Treatment programs, therapy, healing for trauma, grief & loss, etc.

Individual Treatment & Stabilization

-Support to manage addictions
-Gain coping skills
-Stabilize

Family Treatment

-Goal: learn / rebuild attachment to children, & learn more about causes of addictions, working through trauma
-Parent/caregiver is ready to manage their household & children 24/7;   Children live with parent/caregiver before attending
-Adults are ready to do trauma work in group settings (low risk of substance use, relapse to old behaviours, addictions, etc)

RTC

Support Recovery Program

Examples

Safe Detox	Stabilization	Individual Treatment		Complex Care Treatment	Ongoing Healing
- Clearview - Eric Pavillion - Island Health MHSU	*Kackaamin* Women's Supportive Recovery (SRP) - Gya' Wa' Tlaab *Tsow-tun le lum* Thuy Namut	- Tsow-Tun Le Lum Kwunatsustul - Round Lake - Orca Le Lum (youth) - Hannah House - Phoenix Society - Carrier Sekani	- Sequoia at Fifth - Coastal Sage Healing House - Cedars - Homewood Ravensview - Namgis	- Heartwood Centre for Women - Red Fish Healing Centre	- Kackaamin Family Treatment - Rebuilding the Circle (RTC)