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The highest law of Our People is the absolute protection of our offspring, for that is how we as Nuu-chah-nulth people will survive – Alice Paul, Hesquiaht Elder

## FOR MORE INFORMATION

Check out our website:  
[www.kackaamin.org](http://www.kackaamin.org)

 7830 Beaver Creek Rd.  
Port Alberni, BC

 250-723-7789  
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## ABOUT US

### Vision

Resilient First Nations families thriving in wellness.

### Mission Statement

To guide First Nations families through a transformative journey to break cycles of dysfunction and thrive without limits. We provide holistic services through a foundation of culture and connection.

### Indigenous Led, Trauma-Informed

Our support staff includes First Nation Elders, counsellors, evening staff, Family Support, and staff who have experience with recovery and trauma healing.



**Kackaamin**  
FAMILY DEVELOPMENT CENTRE

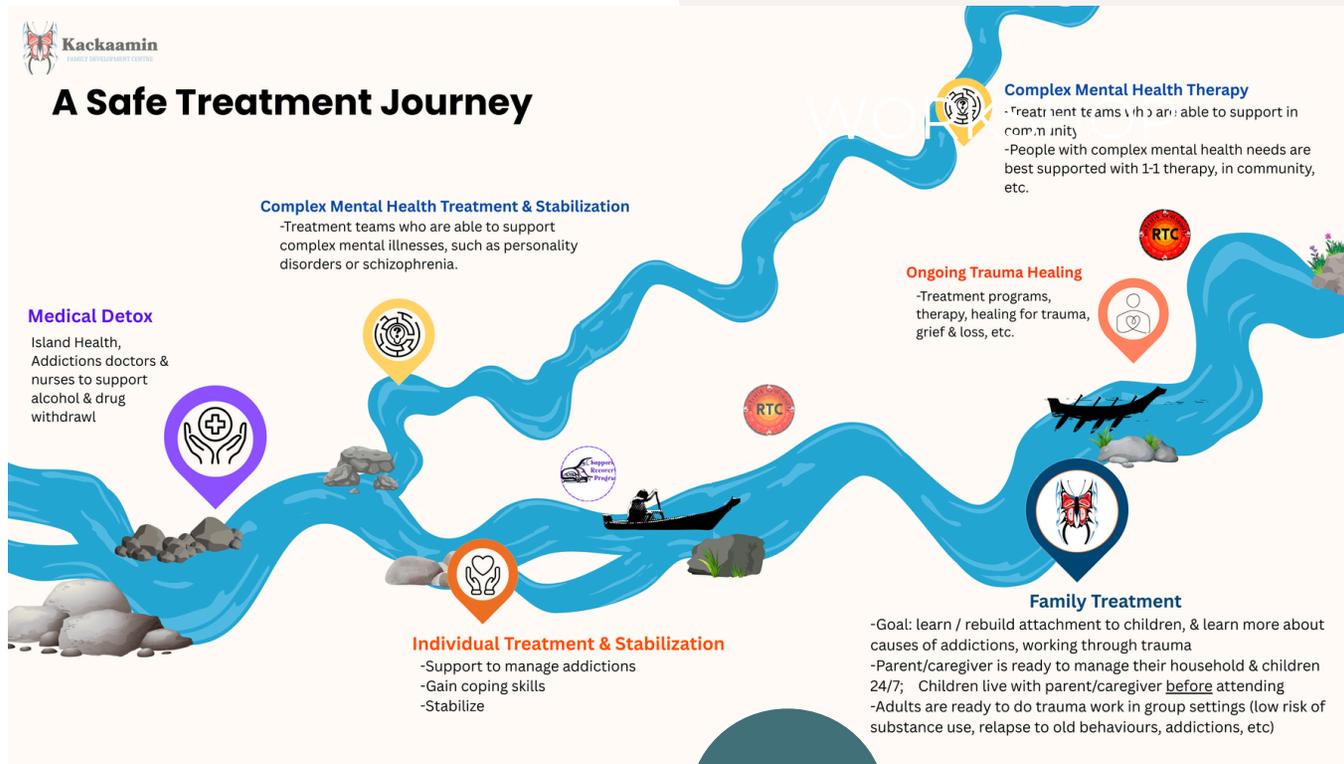
“Kots-kaa-min” means **butterfly** in Nuu-chah-nulth language

## CORE PROGRAMS

- Family Programs
- Restoring Balance: Grief & Loss
- Grandmothers', Caregivers'
- Grandfathers', Caregivers'



# A Safe Treatment Journey



## SAFETY FIRST

Kackaamin provides treatment programs for *Later Stage Recovery*. This means all people, including youth, who use substances are encouraged to access Early Recovery services and treatment:

- 01. DETOX
- 02. INDIVIDUAL TREATMENT & STABILIZATION

See our website for more info.  
<https://www.kackaamin.org/safe-treatment-planning>

## GENERAL GUIDELINES

- No substance use. >>If on OAT, the medication must be long-acting (i.e. Sublocade)
- Children and youth are to be supervised at all times
- No cell phones, gaming consoles, laptops
- There is an Assessment Period in the beginning– staff will do their best to support families to succeed, and they will provide kind, honest feedback if there are concerns or needs that cannot be met at Kackaamin. Early discharge is possible and alternate options will be shared

## 01.FAMILY PROGRAM

6 weeks

### Focus:

- Healthy parenting
- Family connection
- Further healing and recovery work

### Additional Requirements:

- Have custody of the children and are living with them
- Can manage day to day independently

## 02.RESTORING BALANCE: GRIEF & LOSS

5-10 days

### Focus:

- Understanding barriers to healthy grief
- Pathways for grieving

## 03.GRANDMOTHERS' ... GRANDFATHERS'... (CAREGIVERS)

5-10 days

### Focus:

- Understanding intergenerational trauma
- Prioritizing individual wellness so caregivers can support their families

## WHAT TO EXPECT

- Daily group programming
- Support to practice healthy coping skills
- Cultural and Spiritual Ceremonies (such as sweat, spirit bath, brushings)
- AA/NA Meetings
- Community Gatherings