



Kackaamin
FAMILY DEVELOPMENT CENTRE

RESTORING BALANCE: GRIEF & LOSS

July 13 – 18, 2025

Adults' (19+) healing session to process grief,
to reconnect to self & others.

Main Components

- ✓ Self-Awareness & Self-Regulation
- ✓ Addictions, Trauma, & Blockers to Grief
- ✓ Processing & honouring Grief

Pre-requirements

- ✓ Detox & Sobriety (*see Stabilization Checklist*)
- ✓ Complete applications (available on our website)

We will provide:

- ✓ Shared accommodation onsite
- ✓ Breakfast, lunch & dinner

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