

# Returning to the Circle ~ Grandmothers Aunties & Caregivers Program **Application Package** We are pleased to be a part of your healing journey.



### Returning to the Circle ~ Grandmothers, Aunties & Caregivers Application Package

### "Returning to the Circle"- Grandmothers, Aunties and Caregivers-July 18 – August 4, 2022

### COST: FREE

This 19-day program will explore the traditional Indigenous roles of Women in our families and communities. Programming will address multi-generational trauma stemming from the Residential School Legacy. This program will offer a safe space to begin looking at delayed grief and specific traumas (the roots of addiction) through experiential and cognitive processes using culturally relevant approaches.

### Participants are asked to refrain from any and all drug and alcohol use during programming. Healing will be based on Traditional culture and ceremony- participants' need to have a clear mind and spirit to connect with the Creator and Ancestors.

All those participating in, "Returning to the Circle" ~ Grandmothers, Aunties and Caregivers, will be sharing their accommodations with others if one has received the COVID-19 vaccine. Kackaamin has 2 bedroom, 3 bedroom, 4 bedroom, 5 bedroom and wheel chair accessible townhouse units. Each unit has one queen bed, and depending on the other units they have twin beds, with bathrooms and full kitchens.

### Participants will be confirmed once applications are reviewed by our clinical intake committee.

### CELL PHONE USE DURING PROGRAMMING WILL NOT BE TOLERATED.

### We require Covid-19 vaccination as some components of the program require Vaccination passports. In order to fully participate in all aspects of the program, full vaccination should be considered.

### Please note we are not accepting children or youth for this program due to healing demands of heavy programming, need for self-care of participants and COVID-19.

#### Kackaamin Family Development Centre Program Guidelines

- Clients must have a minimum 3 weeks of abstinence from any previously misuse substance.
- Smoking is allowed in the designated smoking areas
- Clients are responsible for their own travel arrangements to and from the center
- Arrival time on intake day is between 12:00 pm 5:00 pm

Please connect with Intake Coordinator, Julie Fontaine, at 250-723-7789 or <u>julie.f@kackaamin.org</u> for appropriate applications for summer programming, and for any questions or concerns related to programming application requirements.



## Grandmother's Aunties & Caregivers Application for 2022

### PLEASE PRINT CLEARLY

IDENTIFYING INFORMA	ATION					
LAST NAME	FIR	ST NAME			KNOWN AS	
DATE OF BIRTH (YYYY MON DD)	MALE	TELEPH	ONE		EMAIL	
ADDRESS			CITY		PROVINCE POSTAL	CODE
ABORIGINAL ANCESTRY □ YES □ NO	BAND	O NAME			ON RESERV □ YES □ N	
CARE CARD NUMBER	I		STATUS	S NUMBER (10 DIGIT	'NUMBER)	
PERSONAL HISTORY						
EMPLOYMENT STATUS □ WORKING □ S.A. □ E.I.C	. 🗖 OTHEI	MARITAL R I SINGLE	STATUS:	10N-LAW 🛛 SEPERA	ATED DIVORCED	
Are you a survivor of Residential S Are you a survivor of a Day School Are you an Intergenerational Surviv	Program?	YES NO	) lool? 🗖 YE	ES 🛛 NO		
<b>Substance Use History-</b> I (We are collecting this info	ormation	for progran	n develoj	oment and client sa	fety while here)	
ALCOHOL Date of Last Use:	NON- Date of La		ON DRUGS	PRESCRIPTION DI	RUGS 🛛 INHALANTS	
ii) Abuse Pattern DAILY		TLY WEEK-E	ENDS 🛛	BINGE		
EMERGENCY CONTACT	INFORN	MATION				
EMERGENCY CONTACT SUR	NAME	EMERGEN	ICY CONT	ACT FIRST NAME	RELATIONSHIP	
TELEPHONE		EMAIL			CITY OF RESIDENCE	
INFORMATION		1				
Do you have physical limitations that prevent you from doing recreational or cultural activities			□ YES □ NO	Do you require a whee	el chair accessible unit?	□ YES □ NO
Do you have any allergies (food, insect, medications) we need to be aware of				Please explain		
I understand and accept I will be accommodation	placed in sha	ared	□ YES □ NO	I am committed to con focused on my wellnes	nplete a structured program process	□ YES □ NO
I am willing to be involved in all activities?	types of inte	ensive	□ YES □ NO		bate in First Nations Treatment such as sweat lodge, daily smudge, ceremonies?	□ YES □ NO
I am willing to put aside all extern the journey to the wellness progra		ons while in	□ YES □ NO	Have you received the	COVID-19 Vaccine? 1st 2nd 3rd	□ YES □ NO

### TREATMENT NEEDS

Have you engaged in healing programs (healing circle, cultural practice, etc.)?:

### Trauma

Please note any recent or past traumatic events you feel comfortable disclosing at this time.

Specific Treatment

Please note any specific goals or needs (i.e. spiritual, mental, emotional, physical) that you have for treatment.

### Specific Needs

Please note any special needs, physical limitations, or other concerns you may have at our Centre.

HEALTH HISTORY
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LAST NAME		FIRST NAME
CARE CARD NUMBER		STATUS NUMBER (10 digit number)
re you	currently or have you ever been treated for any	of the following? (Check All That Apply, or Non-Applicable)
0	Asthma	• Varicose veins
0	Bleeding disorder	• Pacemaker
0	High Blood Pressure	<ul> <li>Musculoskeletal Problems</li> </ul>
0	Low Blood Pressure	• Cancer
0	Headaches	• Pregnancy
0	Diabetes	o Stroke
0	Epilepsy	<ul> <li>Gastro-Intestinal Problems</li> </ul>
0	Heart Disease	<ul> <li>Hemophilia</li> </ul>
0	Arthritis	$\circ$ Other (please specify):

TUBERCULOSIS ~ TB Screening tool	DORMANT	
	DATE	
NOTE: If the screening tool indicates a need for Skin	n test, please provide results.	

List all medications you are currently taking, include over-the-counter drugs and herbal supplements				
MEDICATION NAME	CURRENT DOSE	TAKING SINE	PATIENT INTIALS	DATE FINISHED

### Acknowledgment

I understand I am providing the following confidential medical information for my personal safety while at Kackaamin Family Development Centre, in case of a medical emergency

CLIENT SIGNATURE

REFERRAL WORKER NAME

REFERRAL WORKER SIGNATURE

REFERRAL WORKER PHONE:

DATE

DATE