



Kackaamin

FAMILY DEVELOPMENT CENTRE

COLLEAGUES' GRIEF & LOSS

March 22–27, 2026

“When the winter is severe, the pine trees in this ancient land stay green throughout the year. Is it because the earth is warm and friendly?

No, it is because the pine tree has *within itself*

a life restoring power”

~Ancient Chinese Proverb

Cost: \$100

Breakfast, lunch & snacks provided

Shared accommodations available

Main Components

- ✓ Daily workshops with our clinical and cultural team
- ✓ Connection and validation with other frontline workers who are exposed to multiple losses both personally and professionally.
- ✓ A safe space to Take Time to Breathe, practice Self-Care, and Ceremony